

Duke



INTERNATIONAL STUDENT CENTER

2022 International Graduate Student Orientation

The 2022 International Graduate and Professional Students Orientation will be held from **Monday, August 15 to Friday, August 19**. If you have signed up for a social event on August 20 or August 21, you will receive an email directly from the DISC and IHOP team with further details.

The Student Affairs webpage is transitioning to its new format; as a result the weblink is not currently working. Please contact kevin.darco@duke.edu with any specific questions regarding international graduate student orientation.

Virtual Webinars

Monday, August 15 | [Register Here](#)

9:00-9:30 AM (EDT)

Duke International Student Center (DISC) Welcome & Introduction

You will learn about basic information on living and learning at Duke and the services and programs that the Duke International Student Center (DISC) provides.

Speakers: DISC Staff

9:30-9:45 AM (EDT)

Break

9:45-10:30 AM (EDT)

I Wish I Knew this from Day 1: IHOPs Advice and Q&A

The [International House Orientation Peers](#) (or, IHOPs) will share their experiences and tips on living and learning at Duke.

Speakers: [IHOPs](#)

Tuesday, August 16 | [Register Here](#)

9:00-9:30 AM (EDT)

Duke Visa Services Presentation

In this session, [Duke Visa Services](#) (DVS) will share important information that international students need to know, including how to main your visa status, how to use the DVS website and find your assigned DVS advisor, and an overview of CPT and OPT.

Speaker: **Dylan Sugiyama**, Associate Director, Duke Visa Services

9:30-9:45 AM (EDT)

Break

9:45-10:30 (EDT)

Tips for Writing in U.S. Academic Contexts

ESL specialists and writing experts from the Thompson Writing Program will talk about key strategies for successful writing in a U.S. graduate program.

Speakers: **Eliana Schonberg** and **Rene Caputo**, Thompson Writing Program

[Subscribe](#) to our email list.

Wednesday, August 17 | [Register Here](#)**9:00-9:30 AM (EDT)****Forever Duke: Alumni Network**

This session will provide an overview of [Duke Alumni Association](#), how students can get involved, and opportunities for student-alumni connections.

Speaker: **Raia Lockerman**, Duke Alumni Engagement and Development

9:30-9:45 AM (EDT)**Break****9:45-10:30 AM (EDT)****Duke Alumni Panel**

Duke international alums will share their experience and tips as graduate/professional students at Duke.

Thursday, August 18 | [Register Here](#)**9:00-9:30 AM (EDT)****Ways to Maintain your Mental and Physical Well-being at Duke**

This session will provide an overview of the programs, services, and opportunities offered by [Duke Recreation](#), [DuWell](#), and [Counseling & Psychological Services \(CAPS\)](#).

Speakers: **Lindsay Helm**, Recreation & Physical Education; **Lindsey Parker**, Assistant Director, DuWell; **Ping-Tzu Lee**, PhD, Clinical Social Worker, Counseling and Psychological Services (CAPS)

9:30-9:45 AM (EDT)**Break****9:45-10:30 AM (EDT)****Stress Management Tips**

In this session, Dr. Ping-Tzu Lee, from Counseling and Psychological Services (CAPS) will provide tips specifically for international students on how to better manage stress and maintain mental health at Duke.

Speaker: **Ping-Tzu Lee**, PhD, Clinical Social Worker, CAPS

Friday, August 19 | [Register Here](#)**9:00-9:30 AM (EDT)****What is Graduate and Professional Student Government (GPSG) and How to Get Involved**

This session will give an overview of GPSG, the umbrella student government organization for Duke's nine graduate and professional schools, including information on the services and programs offered by GPSG, and how international students can get involved.

Speaker: **Brandon M. Lê**, President of GPSG

9:30-9:45 AM (EDT)**Break****9:45-10:30 AM (EDT)****Closing and Q&As with DISC staff and IHOPs**

We will answer any lingering questions you are having about life at Duke and in Durham!

Speaker: DISC Staff and IHOPs

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